

3 Steps to Limitless Abundance



Tap into our Divine Essence

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by

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Seven Steps to Limitless Abundance

“Abundance is not something we acquire. It is something we tune into.” – Wayne Dyer

The world today operates on a mentality of lack that generates fear, greed, competition, anger, resentment, hostility, stress and pain. This creates conflicts over land and resources. Leaders feel they must acquire more money, weapons, food, or protection to “win” against perceived enemies or their country, province, village or family will be at the mercy of the “other.”

When we tap into our Divine essence, we discover this false belief is inherited from broken histories of the past. World conquest of centuries shaped deep genetic wounds leaving us fearful of poverty, slavery, plagues, genocide, and loss of family and community. These deep, unhealed wounds are transmitted through the generations and affect the present.

Once we move past the superficial world view coating this reality and into our Divine Nature, **Universal abundance and prosperity pours into our life at our calling.**

The Law of Attraction consistently works to support us.

The Universe grants whatever the heart desires, so as the old saying goes, *“Be careful what you ask for.”* If you think you don’t deserve happiness, you will always feel unfulfilled. If you keep saying, *“I always get the raw end of the deal,”* that’s what you will get. If you continue to view everyone as an enemy, everyone will become your enemy.



Here is a 3-step process to attract Abundance and Prosperity:

Step 1 – Identify your limiting beliefs



- Write down all limiting thoughts and beliefs about lack, limitation, poverty, powerlessness, undeserving, worthlessness, etc. as many times as necessary.
- Burn the paper in a safe place, letting go of the negative beliefs.
- Do this daily until the limiting beliefs are gone.

Step 2 – Ask the Divine for assistance

- Ask the Divine to send you abundance and prosperity in concrete terms you are now willing to receive (not a million dollars tomorrow unless you feel this is realistic, how about \$500?):
 - a raise of \$10 an hour,
 - a new job or promotion,
 - a new client a week,
 - a new opportunity,
 - a new loving relationship,
 - an improvement in your health,
 - support for your business, etc.
- Continue this practice every day.



Step 3 – Be grateful for what you receive



- Every night, write down 3 things that made you feel prosperous, things you are grateful for that day:
 - improvements in your life,
 - the penny you found on the street,
 - the compliments you received at work....
- This will reset your brain pattern to accept prosperity.
- Remember, if you are not grateful for what you have today, you will not be grateful for what comes tomorrow.

“Expect your every need to be met. Expect the answer to every problem, expect abundance on every level.” – Eileen Caddy

Be prepared to let go on the negativity in your life. Ask for your desires to be satisfied. Move into gratitude and happiness by focusing on a positive attitude and the beauty and love in life. **The Divine loves us and desires us to live happy, abundant lives.** Reach for it and it can be yours again.





About the Author

Ariann Thomas B.S., J.D. has studied metaphysics, spiritual teachings and healing for the past 35 years.

She is the author of *Healing Family Patterns: Ancestral Lineage Clearing for Personal Growth* (2012). Her new book, *Changing Our Genetic Heritage: Creating a New Reality for Ourselves and Future Generations* (2018).

Ariann co-authored the international women's anthology, *The Female Factor: A Confidence Guide for Women* (2017) and *The Total Woman* (2019) edited by Linda Ellis Eastman.

She is an international healer, teacher, ceremonialist, speaker, Shaman, hypnotherapist, and an ordained non-denominational minister.

She has been practicing Ancestral Lineage Clearing for over 15 years in private and group sessions, and trains other practitioners.

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